

# The **SHAPE** of you

## WEEK 5 JOURNAL

This week, we have been looking at spiritual gifts, and next week we'll look at our places in a body which works like Jesus. Remember, your notes are private - just be honest with yourself and God. It's up to you to decide what to share when we next meet.

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**Thursday**

**17**

**October**

Look at page 1 of the handout on "Your spiritual gifts". Can you identify a use or need of the gifts of **administration, apostleship** or **discernment** in your life? Can you think of other people who use these gifts?

"Now to each one the manifestation of the Spirit is given for the common good."

**1 Corinthians 12:7**

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**Friday**

**18**

**October**

Look at page 2 of the handout on "Your spiritual gifts". Can you identify a use or need of the gifts of **encouragement, evangelism, faith, giving** or **healing** in your life? Can you think of other people who use these gifts?

"All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines."

**1 Corinthians 12:11**

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**Saturday**

**19**

**October**

Look at page 3 of the handout on "Your spiritual gifts". Can you identify a use or need of the gifts of **helping, hospitality, interpretation, knowledge** or **leadership** in your life? Can you think of other people who use these gifts?

"Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ."

**1 Corinthians 12:12**

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**Sunday**

**20**

**October**

“Follow the way of love and eagerly desire gifts of the Spirit, especially prophecy.”

**1 Corinthians 14:1**

Look at page 4 of the handout on “Your spiritual gifts”. Can you identify a use or need of the gifts of **mercy, miracles, pastoring, prophecy** or **teaching** in your life? Can you think of other people who use these gifts?

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**Monday**

**21**

**October**

“When Paul placed his hands on them, the Holy Spirit came on them, and they spoke in tongues and prophesied.”

**Acts 19:6**

Look at the last page of the handout on “Your spiritual gifts”. Can you identify a use or need of the gifts of **tongues** or **wisdom** in your life? Can you think of other people who use these gifts? Today might be a good day to find a few minutes inviting God to guide your use of tongues in private prayer and worship.

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**Tuesday**

**22**

**October**

“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.”

**1 Peter 4:10**

When you think about the variety of spiritual gifts, which ones stand out as ones you feel prompted to get ready to use? Who can you ask to help you with this?

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**Wednesday**

**23**

**October**

“So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up.”

**Ephesians 4:11-12**

In tonight’s group, we will look at five gifts which are special because Jesus gives them, every Christ-centred group needs them, and every believer gets at least one! They are **apostleship, prophecy, evangelism, pastoring** and **teaching**. Which of these do you think you might have?

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