

The **SHAPE** of you

WEEK 4 JOURNAL

This week, we have been looking at our personalities and relationships, and next week we'll be asking God for spiritual gifts so he can use us. Remember, your notes are private – just be honest with yourself and God. It's up to you to decide what to share when we next meet.

Thursday

10

October

"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

Psalms 139:14

Look at the handout on "How do we treat other people?" What do you recognise as your strengths across the different personality styles? How would you like to thank God for them?

Friday

11

October

"...My power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."

2 Corinthians 12:9b

Also in the "How do we treat other people?" handout, what do you recognise as your weaknesses? What would you ask God for to help you overcome, work around or live with them?

Saturday

12

October

"Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others."

Philippians 3:3b-4

Think of some people you spend time with who are probably "dominant" personalities and pray for them. You might want to list their names here. How do you think you need to approach some of them differently, respecting how they might be different from you?

Sunday

13

October

“Therefore encourage one another and build each other up, just as in fact you are doing.”

1 Thessalonians 5:11

Think of some people you spend time with who are probably “influencing” personalities and pray for them. You might want to list their names here. How do you think you need to approach some of them differently, respecting how they might be different from you?

Monday

14

October

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

Colossians 3:12

Think of some people you spend time with who are probably “stable” personalities and pray for them. You might want to list their names here. How do you think you need to approach some of them differently, respecting how they might be different from you?

Tuesday

15

October

“Give to everyone what you owe them: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honour, then honour.”

Romans 13:7

Think of some people you spend time with who are probably “compliant” personalities and pray for them. You might want to list their names here. How do you think you need to approach some of them differently, respecting how they might be different from you?

Wednesday

16

October

“There are different kinds of working, but in all of them and in everyone it is the same God at work. Now to each one the manifestation of the Spirit is given for the common good.”

1 Corinthians 12:6-7

In tonight’s group, we will be considering spiritual gifts God gives us so we can serve in a body of people. What gifts are you aware of already? How open are you to being used by God with these gifts?
