

# The **SHAPE** of you

## Your heart and hopes

When have you have loved persevering and serving?

People you have served (or would like to serve)

Needs you have met (or would like to meet)

- Spiritual
- Physical
- Relational
- Emotional
- Educational
- Vocational

Causes which make your heart race

## Some examples of causes which might be close to your heart...

(make a note if there's a particular reason why, maybe from your experience or circumstances)

- Abortion**
- Homelessness**
- Drug abuse / recovery**
- Alcoholism**
- Marriage / family issues**
- Environment**
- Christ-centred parenting**
- Poverty/hunger**
- Financial stewardship**
- Deafness**
- Sexuality and/or gender issues**
- HIV/AIDS**
- Others...**
- Divorce**
- Abuse / violence**
- Law and/or justice system**
- Educational issues**
- At-risk children**
- Politics and/or policy**
- Ethics**
- Compulsive behaviour issues**
- Physical health / fitness**
- Mental health, stress or depression**
- Disabilities and/or support**
- Spiritual apathy**